

Wound Care

- You may change the dressing the day after your return home.
- Change dressing daily by cleaning incision with equal parts hydrogen peroxide and water and applying dry dressing
- If no drainage is present after 5 days, you may leave dressing off, but cover incision with dressing when traveling or outside
- Keep incision clean and dry at all times
- Do not take a tub bath, no swimming, or whirlpool for 6 weeks after surgery. You may shower but keep incision covered with saran wrap and tape
- Please keep Steri-Strips (adhesive skin closures) in place
- Do not use heat directly over incision site
- A small amount of drainage is not unusual however, if your drainage contains a yellowish discharge of blood, please notify our office

Signs of infection...please call our office immediately if your experience any of the following:

- Increased drainage
- A foul odor coming from incision
- Warmth or redness around incision
- Temperature greater than 101
- Increasing pain in the incision site that does not go away after lying down